

RESOURCES AND FURTHER READING FOR PATIENTS AND CONSUMERS



www.cancer.org

American Cancer Society offers an online quit service

www.quit tobacco.org

Includes a tobacco savings calculator and a discussion group for support

www.cdc.gov/tobacco/quit_smoking

Centers for Disease Control

www.quitnet.com

The Web's original quitsite for consumers; operation in association with Boston University

www.quitsmoking.com

General and product information

www.committedquitters.com

www.ncadi.samhsa.gov

SAMHSA's National Clearinghouse for Alcohol and Drug Information

www.cms.hhs.gov

Centers for Medicare and Medicaid Services; information for patients

www.quitnet.com/library/programs

National directory of local resources, searchable by state or ZIP code

www.nicotine-anonymous.org

www.americanheart.org

American Heart Association

www.dshs.state.tx.us/tobacco

www.aafp.org

The American Academy of Family Physicians, smoking cessation initiative for physicians, called "ASK and ACT"

www.surgeongeneral.gov/tobacco

www.mdanderson.org/departments/aspire

An online cessation tool sponsored by the M.D. Anderson Cancer Center

www.lungusa.org

Provides a link to "Freedom from Smoking," a free online cessation program

JUST FOR TEENS

www.worthit.org

www.thetruth.com

www.stop-tabac.ch/en

JUST FOR PREGNANT WOMEN

www.acog.org

www.americanlegacy.org/greatstart

American Legacy Foundation's Cessation Program for pregnant women

PRODUCT-SPONSORED CESSATION SERVICES

www.nicodermcq.com

www.nicorette.com

www.quit-smoking-zyban.com

www.chantix.com